



2024 Freeski National Championships Slopestyle & Big Air

Whistler Blackcomb, BC April 3rd-7th, 2024



INVITATION

On behalf of Freestyle Whistler (FW), Freestyle Canada (FC), Whistler Blackcomb and the organizing committee it is our pleasure to invite you to attend the **2024 Freeski National Championships Slopestyle & Big Air @ Whistler Blackcomb, April 3rd 2024 to April 7th 2024**

Our committee has worked hard to make this venue affordable and accessible in every aspect and we look forward to welcoming you and your families.

This is the final SS/BA CANADA CUP in the Canada Cup Series presented by Toyo Tires. The purpose of the Canada Cup Tour is to have a targeted, competitive, and sustainable **domestic** circuit where Freestyle Canada / PSO athletes can develop their competitive skills that coaches can create an effective yearly training plan around. It is designed for athletes in the Learn to Compete and Train to Compete (L2C/T2C) stages of the Freestyle Canada Long Term Athlete Development (LTAD). Athletes are targeted for competitive experience based on their current stage along the LTAD Model.

Athletes will receive spots based of the Canada Cup Ranking Criteria. For more information on Freestyle Canada Event guidelines, rankings, criteria and policies [Click Here](#).

Freestyle Canada is proud to partner with Toyo Tires in their support of the Canada Cup Series. As part of their partnership, they are providing Freestyle Canada with 8 Toyo Cup prizes at the end of the year. The prizes will be awarded to the top overall ranking per gender per discipline on the Canada Cup Series. [Please click here for more information.](#)

All Attendees: [Please Click Here to Sign up for our Event What's App Group for General Information Updates](#)



GENERAL INFORMATION

Date & Location:

Wednesday, April 3rd 2024 to Sunday, April 7th 2024 at:

Whistler and Blackcomb Mountain Resorts
4545 Blackcomb Way, Whistler, BC, B8E 0X9

Phone: [1-800-766-0449](tel:1-800-766-0449)

<https://www.whistlerblackcomb.com>

Organizing Committee and Officials:

Event Chair - Meagan McPherson: 604-375-4136, megs@whistlerblackcombfreestyle.com

Event Chair Assist - Jay Henituk: jhenitiuk@aol.com

FC Events Coordinator - Julien Dufresne: 514-570-8127, julien@freestylecanada.com

Chief of Office – Jody Hallett

Volunteer Coordinator - Megan Friesen 778-231-5576, volunteers@whistlerblackcombfreestyle.com

Technical Deligate - Erik Kalacis

Head Judge – Elliott Carter

Chief of Scoring – Valerie Linton

Chief of Start – WB Events Staff

Chief of Course - Chris Muir

Chief of Competition - Mick Gannon



GENERAL INFORMATION CONTINUED...

Rules:

1. This event is sanctioned by Freestyle Canada (FC) and organized by Freestyle Whistler (FW) in partnership with Whistler Blackcomb Resort and Freestyle Canada.
2. Rules are based on the 2023/2024 Canada Cup Guidelines and governed overall by the FIS International Competition Rules.
3. The competition is comprised of one Slopestyle event and one Big Air event.
4. All athletes must have a minimum FC qualified Air 4 or Super-coach present.

Aerial Qualifications:

Air Qualification is required for all inverted maneuvers, as designated by a Certified Air coach (a random verification of air qualification will be done for every event)

Bibs:

Bib pick up will be Wednesday after unofficial training day from 3-5pm at the competition office

No cash deposit required. We will invoice you \$40 for any unreturned bibs.

Bibs must be returned at bottom of course on Sunday after Slopestyle or to the race office, **in good condition**.

Bibs **must** be worn properly for all on site training, during competitions and for awards ceremonies.



Course Information

The event will take place on Blackcomb Mountain in the Highest Level Terrain Park. All features are rated Large or Extra Large. The course design will be closer to NorAm level.. All athletes should be prepared to be able to high jumps that are 60+ ft. We will send out an update 2 weeks prior to the start of the event.

A course preview will also be available closer to the event start date. The course plan:

1. Down-Flat-Down rail or flat down bar (potential 2nd rail added after this one)
2. 60' jump (2.5 second airtime to sweet spot)
3. High speed Cannon Rail
4. 60' jump (2.3 second airtime to sweet spot)
5. 65' jump (2.5 second airtime to sweet spot)

The Event Committee reserves the right to make adjustments to the course based on conditions



COMPETITION OFFICE HOURS

Our Competition Office will be located at the Hilton Whistler Resort near the base of Excalibur Gondola in Whistler Village for easy access to Blackcomb Mountain (Room TBD). Thanks so much as always to the Hilton Whistler Resort for donating the space to us!

Team Leaders Meetings will be located in the Competition Office right after training / competition each day. The first Officials/Jury meeting prior to event start will take place on Tuesday at 7pm with the first Team Leaders right afterwards at 8pm. We will set up a zoom if needed.

**Athlete Package pick up will be Tuesday afternoon from 4pm-7pm.
Packages will include: Bibs, Lift Ticket Vouchers and Welcome Package.**

Competition Office Hours @ Hilton:

Tuesday - 4pm-7pm (First Officials Meeting 7pm)

Wednesday - 8am - 4pm

Thursday - 8am - 4pm

Friday - 8am - 4pm

Saturday - 8am - 4pm

Sunday - 8am - 3pm



LIFT TICKETS

When you register you will be given the option to fill out lift ticket voucher requests. All athletes, coaches and volunteers are required to register on snowreg. Coach Tickets MUST be ordered through snowreg or you won't get tickets. All voucher requests must be received by March 22nd.

Competitor Lift Tickets :

Single day tickets during the Event Period will be offered at the following rates for competitors in CDN plus GST: \$77.00 Adult; \$67.00 Teen; \$41.00 Child.

Coach Lift Tickets :

Complimentary coach tickets will be issued and available on a strict six (6) athletes to one (1) coach ratio. All other coach tickets must be purchased at the competitor rate as outlined above. [Coaches must register through Snowreg link](#). Coaches please sign up for the Coach What's App Group for this Event.

Canada West Ski Area Association ("CWSAA"):

All CWSAA passholders must reach out to chris@whistlerblackcombfreestyle.com for a multi-day ticket for the Event Period or a seasons pass. Please do so no later than March 22nd.

Spectator Lift Tickets: [Please Click Here to fill out Spectator Voucher Request Form](#):

Pre-ordered Vouchers will be made available at the competition office at the Hilton for event guests during the event period at the following rates in CDN plus GST: \$110.00 Adult; \$93.00 Teen; \$55.00 Child

Spectator Access:

Both events will take place in the Blackcomb Park on Blackcomb Mountain. There is no walking access to any events. All spectators must have a pass or a lift ticket and ski to the venue to watch the events.

Volunteer Lift Tickets:

Whistler Blackcomb has generously offered a limited number of lift tickets for volunteers that don't have a pass.



VOLUNTEERS

As always, the success of this event depends on volunteers. If you are able to help out at this Competition please email our Volunteer Coordinator: Megan Friesen volunteers@whistlerblackcombfreestyle.com

More information on volunteer opportunities will be available soon. [Please Click Here to join our Volunteers What's App Group](#) to receive communications on volunteering.

Thank you for your help!



REGISTRATION

The **2024 Freeski National Championships Slopestyle & Big Air@ Whistler Blackcomb** follows the Priority registration policy as stated in the Canada Cup guidelines :

Registration Link (only register if you have been sent an email confirming athletes eligibility to register) Again all athletes, coaches and volunteers are required to register through snowreg:

<https://snowreg.com/#!/events/2024-canada-cup-canadian-championships-slopestyle-big-air-whistler-blackcomb-april-3-7-2024>

For all registration inquiries, please contact Chris Muir: chris@whistlerblackcombfreeski.com

- National Team athletes and full Nor-Am Tour skiers have priority
 - There are 85 total spots available
 - Remaining spots will be allocated according to the Canada Cup Rankings as of March 11th 2024.
 - Up to 5 Wild Card spots will be kept for athletes who were injured during the season
 - MPL (minimum performance level) top 16 and top half in a Canada Cup
 - Any last-minute spots made available, within 7 days of the first training day, will be allocated to the host PSO
-
- **Registration Entries to be received by March 22nd, 2024, 8:00pm PST**
 - **\$280 + SnowReg processing fees per participant**
 - **Participants must register on-line individually**
 - **Payments are made online**



REGISTRATION CONTINUED...

Refund Policy:

Once an athlete is confirmed on a start list, refunds will not be issued. In the case of an injury, the coach must notify the Competition Office and Julien to inform them that an athlete is injured and unable to ski before the Team Captains meeting the day before competition day. In this case, athletes are entitled to partial refunds of up to 50% per event. Requests for refunds for other extraordinary circumstances shall be considered only at the discretion of the Organizing Committee. If an event is canceled due to weather or exceptional circumstances no refunds will be provided. For all refund requests please email chris@whistlerblackcombfreestyle.com

Licences:

Athletes are required to have a valid FC license (provincial or FIS athlete license)

Coaches are required to have a valid FC license and all of the requirements related to its validation (background check, appropriate training, mandatory NCCP modules).

Officials and volunteers are required to have a valid FC license

<https://www.freestylecanada.ski/en/membership/individual/>

Liability and Accident Insurance:

All athletes, officials and other members of the regions who attend and participate in the event shall do so at their own risk.

Every competitor is required to have his/her own medical and life insurance that is adequate and covers the manoeuvres being performed in training and competition. All athletes, coaches and officials must have a valid membership. The organizing committee, the PSO, the Canadian Freestyle Ski Association, the resort and the

Canadian Snowsports Association shall not be responsible for accidents, damaged or lost equipment and belongings and/or second- or third-party claims during the staging of the event. All participants are urged to protect and safeguard their personal belongings at all times.



PRELIMINARY SCHEDULE

WEDNESDAY April 3rd

THURSDAY April 4th

FRIDAY April 5th

SATURDAY April 6th

SUNDAY April 7th

Slopestyle/Big Air COURSE OPEN (Terrain Park is Open to Public - Please use Caution)

Slopestyle/Big Air OFFICIAL Training - Bibs Mandatory (Terrain Park Closed to Public)

Slopestyle Qualifications

Slopestyle Finals

Big Air Qualifications & Finals

The Organizing Committee reserves the right to change the schedule.



FORMAT OF EVENT

SLOPESTYLE

QUALIFICATION:

Best of 2 runs, heats of 20 - 30

FINAL:

Best of 2 runs.

Men & Women: Top 40% (rounded down to the nearest tenth) of Qualification results rounded down to the nearest tenth move to final with a minimum of six and maximum of 30. Number of heats and number of athletes to be decided at the first Team Captains meeting - dependent on registration & final field sizes.

*Might be adjusted depending on the actual field. Any changes will be made at team captain's meeting.

BIG AIR

QUALIFICATION:

Best of 2 runs, heats of 20 - 30

FINAL:

Best 2 of 3 jumps, with 2 different directions

Men & Women: Top 40% (rounded down to the nearest tenth) of Qualification results rounded down to the nearest tenth move to final with a minimum of six and maximum of 30. Number of heats and number of athletes to be decided at the first Team Captains meeting - dependent on registration & final field sizes.

*Might be adjusted depending on the actual field. Any changes will be made at team captain's meeting.





HOTEL DEALS

HILTON WHISTLER RESORT:

Thanks as always to the Hilton Whistler Resort for their support of Freestyle Whistler. They have once again offered deals on rooms between **April 3rd-7th, 2024**.

TWO WAYS TO BOOK:

1. To book online, click link below and click edit stay to adjust to your preferred dates anytime between April 3rd-7th:

<https://www.hilton.com/en/attend-my-event/canada-cup-park-event-2024/>

2. To book by telephone, please contact our dedicated Reservations Center which is open 24-hours for your convenience, by dialing 1-800-515-4050, press 1 for Reservations and provide them with the Group Code: **WFC243**

Individual Guests will be required to guarantee their reservations by use of a major credit card. The Hotel will accept cancellation of Guest reservations up to **7 days prior to arrival**, after that time a full stay penalty will be processed on the individual's credit card or master account, depending on the room & tax method of payment.





HOTEL DEALS CONTINUED...

TANTALUS LODGE:

Thanks as always to Tantalus Lodge for their support of Freestyle Whistler. Enjoy 20% off rates from **April 3rd-7th, 2024**.

[CLICK HERE TO BOOK](#)

Rates of \$249/night for a 2 bedroom suite. Great deals and spacious suites.

WAC:

Located north of Whistler Village near Function Junction, [The Whistler Athletes' Centre](#) prides itself on offering affordable accommodation for individuals, families and athletes. The Lodge offers cozy rooms, free designated parking as well as access to storage facilities. Amenities include a 60 seat self-serve shared kitchen and complimentary laundry facilities. They proudly offer a large number of fully accessible rooms and washrooms.

[CLICK HERE TO BOOK](#)



RESORT RULES

ALPINE RESPONSIBILITY CODE



THERE ARE ELEMENTS OF RISK THAT COMMON SENSE AND PERSONAL AWARENESS CAN HELP REDUCE. REGARDLESS OF HOW YOU DECIDE TO USE THE SLOPES, ALWAYS SHOW COURTESY TO OTHERS. PLEASE ADHERE TO THE CODE LISTED BELOW AND SHARE WITH OTHERS THE RESPONSIBILITY FOR A SAFE OUTDOOR EXPERIENCE.

- 1** Always stay in control. You must be able to stop, or avoid other people or objects.
- 2** People ahead of you have the right-of-way. It is your responsibility to avoid them.
- 3** Do not stop where you obstruct a trail or are not visible from above.
- 4** Before starting downhill or merging onto a trail, look uphill and yield to others.
- 5** If you are involved in or witness a collision or accident, you must remain at the scene and identify yourself to the Ski Patrol.
- 6** Always use proper devices to help prevent runaway equipment.
- 7** Observe and obey all posted signs and warnings.
- 8** Keep off closed trails and closed areas.
- 9** You must not use lifts or terrain if your ability is impaired through use of alcohol or drugs.
- 10** You must have sufficient physical dexterity, ability and knowledge to safely load, ride and unload lifts. If in doubt, ask the lift attendant.

**Know the Code - Be Safety Conscious
It is Your Responsibility**



10/05



RESORT RULES

Slow Zones Explained

Tips on how to keep your pass when skiing at Whistler Blackcomb.

1. Watch for large Orange **SLOW ZONE** and **LEARNING AREA** banners – these are areas where our guests are learning how to ski or areas where guests are merging at the bottom of a lift. You must ski the same speed as others in these areas for everyone's safety.
2. Check the Ski Area map for **SLOW ZONE** areas – they are marked in bright yellow.
3. Slow = short radius turns, skis remain on snow at all times, travelling at the same speed as the beginner skiers on the run.
4. No high speed GS turns. No straight lining. No Jumping. No Tucking.
5. Staff wearing yellow safety and red patrol uniforms will be monitoring the **SLOW ZONES**. Please be polite to the staff and guests and stop if any Mountain Staff asks you to.
6. Zero Tolerance for any person speeding through lift load areas or **SLOW ZONES**. Your pass may be taken and then you will not be able to compete if you can't get up the mountain again.
7. At the end of the day, during the ski out – you should consider the entire mountain a **SLOW ZONE**.
8. Watch out for others when skiing down the mountain, particularly if you have skis on your shoulders, and especially during busy ski out times!!
9. Use your common sense – not everyone feels as comfortable as you do on the hill and they want to have a good day too so don't fly by beginner skiers at high speed. The rule is to travel at the same speed as everyone else in our **SLOW ZONES**.
10. In past years the coaches have been some of the worst offenders in our SLOW ZONES.

Coaches PLEASE lead by example.

No tucking or jumping in Slow Zones – ever.

Good luck and have fun!!



EMERGENCY ACTION PLAN

Step 1: Control the environment so that no further harm occurs

- Stop all athletes
- Close Feature or Hazard
- Protect yourself if you suspect bleeding (put on gloves)
- Make athlete comfortable if possible (DO NOT if spinal injury suspected!!)

Step 2: Do a first assessment of the situation

If the athlete:

- is not breathing
- does not have a pulse
- has impaired consciousness
- has injured the back, neck, or head
- has a visible major trauma to a limb
- cannot move his/her arms or legs or has lost feeling in them

If the participant does not show the signs above, jump to Step 4

Step 3: Contact WB Emergency Line 604-935-5555

Whistler Press 1 // Blackcomb Press 2

- Tell operator what run you are on
- Help Patrol if necessary
- Contact other coach to take other athletes

Step 4: Assess the injury

- Have someone with first aid training complete an assessment of the injury and decide how to proceed
- If injury is minor control return to activity
- Fill out "Accident Form"
- send copy to info@freestylewhistler.com





Thanks to all of our Event Sponsors!

