



**2024 FIS FREESTYLE CANADIAN CHAMPIONSHIPS  
MOGUL AND DUAL MOGUL EVENTS**

**Val Saint-Côme**

**Canada Cup series presented by *TOYO TIRES***

**March 28 - 31, 2024**

*Proudly Hosted by:*

**Centre d'Excellence Acrobatique Val Saint-Côme**

The Centre d'Excellence Acrobatique Val Saint-Côme (CEAVSC) and Freestyle Canada (FC) are pleased to invite eligible athletes to the VSC Canadian Championships March 28-31, 2024. This is part of the Canada Cup Series. The event is sanctioned by FIS and Freestyle Canada - operated by Centre d'Excellence Acrobatique Val Saint-Côme with Val Saint-Côme.

**Location:** Val Saint-Côme  
501 Rue Val St Côme, Saint-Côme, QC J0K 2B0  
+14508830701 - <http://www.skivsc.com/>

**Questions:** [guy.desharnais@hotmail.com](mailto:guy.desharnais@hotmail.com)



## **Rules**

The event is sanctioned by the International Ski Federation (FIS). The event will operate according to the following rules and guidelines:

**FIS Freestyle ICR**

**FIS Freestyle World Cup Rules where applicable**

**FC 2024 Canada Cup Guidelines**

These documents may be found here:

<https://www.fis-ski.com/en/inside-fis/document-library/freestyle-freeski-documents>

### **Operating Schedule:**

The VSC National Championships will take place as follows:

- **Thursday, March 28, 2024 - Official Training**
- **Friday, March 29, 2024 - Official Training**
- **Saturday, March 30, 2024 – SINGLE MOGULS**
- **Sunday, March 31, 2024 – DUAL MOGULS**

The Organizing Committee reserves the right to change the schedule.

### **Registration –**

- Entry fees: \$280CAD/Athlete for both Single and Dual Mogul competitions
- Participants must register and make payments online using this link:  
<https://snowreg.com/#!/events/48698-vsc-canadian-championships>
- Registration closes : March 21st 2024
- Athletes must have current FIS registration and provide verification
- Coaches and/or Team Leaders must register also using the same link



### Field Size

- **Field Size: 85 (40 men / 40 women and 5 wildcards) (spots can transfer to another gender)**
- **National Program Athletes have reserved spots.**
- **Athletes are selected on eligibility, no PSO quotas.**
- **Foreign Quotas: 5 per gender based on NSO approval**

### Single Mogul :

- Qualification
- Top 16 finals
- Top 6 Super finals

(for both genders)

### Dual Mogul :

- Duals from the start

**\*\*Formats and Finals field size can be adjusted by the Jury in consultation with Freestyle Canada.**

### Officials

Chief of Competition : Guy Desharnais

Head Judge : Danielle Gingras

Technical delegate : Bruce Chick

Chief of Scoring : TBC

### Organizing committee

All registration questions or communications should be sent to:

**Chief of Competition** – Guy Desharnais : [guy.desharnais@hotmail.com](mailto:guy.desharnais@hotmail.com)

### Licenses

Canadian Athletes are required to have a **Can Free 4 FIS License**.

International Athletes must have an active FIS license.



### Competition office

- Located in the Centre d'Excellence Acrobatique Val Saint-Côme on the upper level of the building.
- The Competition Office will be open Thursday morning, MAR 28, starting at 8:00 AM for check in:
  - bib pick up
- All participants must check in and register on-site at the main desk to confirm participation in the event and to pick up competition bibs.

**Bibs:** Bibs must be returned at the end of course or to the race office, **in good condition.** **Any bibs NOT RETURNED in good condition will result in the team being charged a \$50 replacement fee.** It is important that your bib number matches your event registration for judging and scoring, if you need to replace your bib please ensure the on-site registration staff updates your entry information. Bibs **must** be worn properly for all on site training, for the competitions and for awards ceremonies.

### LIFT TICKETS

- Athletes must purchase tickets from the resort ticket booth
- Athletes must show/wear bib when purchasing tickets for discount
- MC/Visa accepted for lift ticket purchase
- Ticket office opens daily at 8 a.m.
- Discounted tickets as follows:  
Athletes Daily 31,99 \$ Total 4 days 127,96 \$  
Coaches Free
- Please note Lift Tickets are discounted based on daily rates.
- Complimentary lift tickets for coaching staff, judges and officials are available at the competition office each day

### ACCOMODATIONS & DINING:

– Teams are responsible for booking and paying directly for their own accommodations. Please check the terms of cancellation before confirming your reservation. The Auberge Val St-Côme is our preferred partner. Please check with the Auberge for room rates, occupancy conditions and special team dinner rates. We advise that you book early.

200 Rue de l'Auberge Saint-Côme, Québec J0K 2B0 (450) 883-0701

Please visit <http://lanaudiere.ca/en/accommodation-lanaudiere/> for other accommodations in the SaintCôme area.

### Scoring and Results:



- Freestyle Solution Lite (formerly called World Cup Lite) scoring program will be used.
- Live scoring link will be distributed when available.

#### **Statement of Liability:**

All athletes, officials and other members of the regions who attend and participate in the event shall do so at their own risk. Every competitor is required to have his/her own medical and life insurance that is adequate and covers the maneuvers being performed in training and competition. All athletes, coaches and officials must have a valid membership. The organizing committee, the PSO, the Canadian Freestyle Ski Association, the resort and the Canadian Snowsports Association shall not be responsible for accidents, damaged or lost equipment and belongings and/or second- or third-party claims during the staging of the event. All participants are urged to protect and safeguard their personal belongings at all times.

#### **Accident Protocol:**

In the case of accidents on courses during the event, medical personnel from the Organizing Committee and Ski Patrol personnel will be responsible for any medical decision or evacuation to the local hospital in cooperation with the National Associations' medical personnel identified on the entry form.

#### **Statement of Medical Plan:**

Copies of the Event Medical Plan are available at the Race Office or upon request.

#### ***IMPORTANT NOTICE***

Please note that there will be **ZERO TOLERANCE** for any offensive language or behavior during the event. Any damages or disruption to hotel, facilities or other property related to this event will result in the offender(s) being immediately removed from the event.

\*The Organizing Committee reserves the right to change the schedule and precautions should be taken in regards to reservations, since abnormally high temperatures for March could force the Organizing Committee to cancel the event for security reasons.