



**FREESTYLE
CANADA***

FUNdamentalz 2017-18 Overview

**Formally Jump & Bumps*



Why the change?

- Focus Groups described **Jump & Bumps** as too technical and lacking pedagogy
- Limited use of goalbooks
- Research indicates sport can play a role in children's social & emotional development



What's new?

- [NCCP Community Coach](#) pathway
- Updated skills list that incorporates [HIGH FIVE™ Principles](#)
 - ✓ Caring Adult
 - ✓ Making Friends
 - ✓ Play
 - ✓ Master Skills
 - ✓ Participation
- Flexible 8-12 week Coach Pocket Guide
- Downloadable athlete report card and certificate



Why deliver FUNdamentalz

FUN and easy to deliver

Contribute to the
holistic development
of young athletes

Appealing to parents

