



# THE COACHING PATHWAY

2021



**FUNdamentalz**



# FREESTYLE CANADA COACHING PATHWAY

Context: **COMPETITION DEVELOPMENT**

Titles:

- *Halfpipe Comp Dev Coach*
- *Slopestyle Comp Dev Coach*
- *Moguls Comp Dev Coach*

3

Program: *Provincial Team*

Context: **COMPETITION INTRODUCTION**

Titles:

- *Air Coach*
  - *Moguls Coach*
  - *Park & Pipe Coach*
- \*also refers to Super Coach*

2

Program: *Club level/ Competitive athletes*

Context: **COMMUNITY SPORT**

Title: *Fundamentalz Coach*

Program: *Club level*

1



# FUNDAMENTALZ

Context: Community Sport



## Freestyle Canada Courses

- Making Head Way in Freestyle Ski
- Fundamentalz elearning
- Fundamentalz On-Snow Module

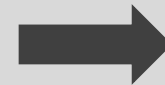


## NCCP Multisport Courses

- Make Ethical Decisions

## NCCP Multisport Evaluations

- Make Ethical Decision Online Evaluation



**TRAINED**



# AIR COACH

Context: Competition Introduction



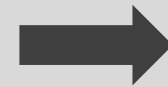
## Freestyle Canada Courses

- Air 1
- Air 2
- Air 3
- Air 4
- Making Head Way in Freestyle Ski



## NCCP Multisport Courses

- Make Ethical Decisions
- Teaching and Learning
- Planning a Practice



**TRAINED**

## Freestyle Canada Evaluations

- Air 1 Evaluation
- Air 2 Evaluation
- Air 3 Evaluation
- Air 4 Evaluation
- Air portfolio Evaluation



## NCCP Multisport Evaluations

- Make Ethical Decision Online Evaluation



**CERTIFIED**

Athlete's program: Freestylerz • LTAD stage: Learn to Train



# PARK & PIPE COACH



Context: Competition Introduction

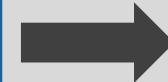
## Freestyle Canada Courses

- Air 1
- Air 2
- Air 3
- Air 4
- Skiing Skillz\*
- Park & Pipe
- Making Head Way in Freestyle Ski



## NCCP Multisport Courses

- Make Ethical Decisions
- Teaching and Learning
- Planning a Practice



**TRAINED**

## Freestyle Canada Evaluations

- Air 1 Evaluation
- Air 2 Evaluation
- Air 3 Evaluation
- Air 4 Evaluation
- Air portfolio Evaluation
- Skiing Skillz Evaluation\*
- Park & Pipe Evaluation



## NCCP Multisport Evaluations

- Make Ethical Decision Online Evaluation



**CERTIFIED**

Athlete's program: Freestylerz • LTAD stage: Learn to Train



# MOGULS COACH



Context: Competition Introduction

## Freestyle Canada Courses

- Air 1
- Air 2
- Air 3
- Air 4
- Skiing Skillz
- Moguls
- Making Head Way in Freestyle Ski



## NCCP Multisport Courses

- Make Ethical Decisions
- Teaching and Learning
- Planning a Practice



**TRAINED**

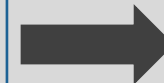
## Freestyle Canada Evaluations

- Air 1 Evaluation
- Air 2 Evaluation
- Air 3 Evaluation
- Air 4 Evaluation
- Air portfolio Evaluation
- Skiing Skillz Evaluation
- Moguls Evaluation



## NCCP Multisport Evaluations

- Make Ethical Decision Online Evaluation



**CERTIFIED**

Athlete's program: Freestylerz • LTAD stage: Learn to Train



# HALFPIPE COMP DEV COACH



Context: Competition Development

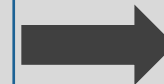
## Freestyle Canada Courses

- Making Head Way in Freestyle Ski
- Halfpipe Analyze Technical and Tactical Performance
- Technical Skiing module
- Doubles on Trampoline
- Doubles on Air Bag
- Doubles on Snow



## NCCP Multisport Courses

- Make Ethical Decisions
- Planning a Practice
- Design a Basic Sport Program
- Managing Conflict
- Coaching and Leading Effectively
- Developing Athletic Abilities
- Prevention and Recovery
- Psychology of Performance
- Leading Drug-free Sport
- Performance Planning
- Manage a Program
- Advanced Practice Planning



**TRAINED**

## Freestyle Canada Evaluations

- Halfpipe On-Snow Training Evaluation
- Halfpipe Portfolio Evaluation
- Halfpipe In-Competition Evaluation
- Making Head Way in Freestyle Ski



## NCCP Multisport Evaluations

- Leading Drug-free Sport Online Evaluation
- Managing Conflict Online Evaluation
- Make Ethical Decision Online Evaluation



**CERTIFIED**

Athlete's program: Can Free Team ● LTAD stage: Train to Train



# SLOPESTYLE COMP DEV COACH



Context: Competition Development

## Freestyle Canada Courses

- Making Head Way in Freestyle Ski
- Slopestyle Analyze Technical and Tactical Performance
- Technical Skiing module
- Doubles on Trampoline
- Doubles on Air Bag      • Doubles on Snow



## NCCP Multisport Courses

- Make Ethical Decisions
- Planning a Practice
- Design a Basic Sport Program
- Managing Conflict
- Coaching and Leading Effectively
- Developing Athletic Abilities
- Prevention and Recovery
- Psychology of Performance
- Leading Drug-free Sport
- Performance Planning
- Manage a Program
- Advanced Practice Planning



**TRAINED**

## Freestyle Canada Evaluations

- Slopestyle On-Snow Training Evaluation
- Slopestyle Portfolio Evaluation
- Slopestyle In-Competition Evaluation
- Making Head Way in Freestyle Ski



## NCCP Multisport Evaluations

- Leading Drug-free Sport Online Evaluation
- Managing Conflict Online Evaluation
- Make Ethical Decision Online Evaluation



**CERTIFIED**

Athlete's program: Can Free Team ● LTAD stage: Train to Train





# MOGULS COMP DEV COACH



Context: Competition Development

## Freestyle Canada Courses

- Making Head Way in Freestyle Ski
- Moguls Analyze Technical and Tactical Performance
- Technical Skiing module



## NCCP Multisport Courses

- Make Ethical Decisions
- Planning a Practice
- Design a Basic Sport Program
- Managing Conflict
- Coaching and Leading Effectively
- Developing Athletic Abilities
- Prevention and Recovery
- Psychology of Performance
- Leading Drug-free Sport
- Performance Planning
- Manage a Program
- Advanced Practice Planning



**TRAINED**

## Freestyle Canada Evaluations

- Moguls On-Snow Training Evaluation
- Moguls Portfolio Evaluation
- Moguls In-Competition Evaluation
- Making Head Way in Freestyle Ski



## NCCP Multisport Evaluations

- Leading Drug-free Sport Online Evaluation
- Managing Conflict Online Evaluation
- Make Ethical Decision Online Evaluation



**CERTIFIED**

Athlete's program: Can Free Team ● LTAD stage: Train to Train